

Structure of 'My Languages Profile'

1. A personal statement section to help you (and your tutor), at the beginning of your teacher education, to reflect on general questions related to teaching. You will also complete your language biography;
2. A self-assessment section (entitled My Professional Competences), consisting of 'can-do' descriptors, to facilitate reflection and self-assessment of your professional competences;
3. A dossier, in which you can make the outcome of your self-assessment transparent, to provide evidence of progress and to record examples of work relevant to teaching;
You will also find a glossary of the most important terms relating to language learning and teaching.